



Sabre Sailing Association of South Australia

Magazine

August 2009

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Sabre Sailing Association of Australia Rule Changes

In May this year the Sabre Sailing Association of Australia Inc received and considered a notice of motion from the Tasmanian Association to change the Rules of Measurement and Construction for the Sabre Yacht.

The Tasmanian Association proposed that the Rules be modified by the addition of the following rule to the "Options" Section 1.11.3 of the Sabre Rules.

"Rule 1.11.3.s: GPS units may be carried on board for the purpose of storing tracks, however information may not be accessed, nor be visually accessible, whilst racing."

All State Association delegates were asked to consider the rule change and vote on the proposal. In this respect your Committee had concern with several issues when the data is collected during racing. Firstly, If GPS tracking information is collected during a race would the stored logs be admissible during a protest hearing? A competitor without tracking information cannot provide evidence of their position and heading at the time of an incident whereas a competitor with tracking information can provide detailed information using their logged GPS tracks. In the case of a Velocitek SC-1 this is at the rate of two updates per second. Secondly, GPS track information collected over a season or over the weeks preceding a National

Championship can assist many competitors with possible scenarios. A stable weather pattern over the course of the heats allows competitors to collectively create a list of racing scenarios which can then be executed during a National heat. The Committee believed that this takes away the skill of reading the weather and racing in local conditions.

The Committee also felt that the same outcome could be achieved by use of the Sailing Instructions for regatta's where GPS equipment is permitted is all that was needed rather than a blanket amendment to the rules of the Association. The Committee fully supports the use of GPS for training purposes and /or during club races provided ALL competitors have, or are given access to the results if they so desire.

The outcome of the vote was that Tasmania and Queensland voted for the amendment and South Australia voted against with Victoria and New South Wales not lodging votes. The motion was therefore carried 4 votes in favour to 2 votes against thus allowing the use of GPS to store tracking information.

On another issue, over the past year or so six new Sabres have been built in Western Australia and several others purchased and transported to WA and an Association has been established. A Special General Meeting of the National Association has been called ***“To admit the Sabre Sailing Association of Western Australia (Inc) to membership of the Sabre Sailing Association of Australia (Inc)”***.

The Committee voted in favour of the above proposal. No doubt the schedule for the National Championships will be revamped to hold National Championships in Western Australia in the not too distant future so start saving.

New Committee for 2009/10

The Committee for the coming year was elected at the AGM held in May. Roger Deacon did not stand for Vice President and new member Peter Leader has been elected as his replacement. Ron Rickards did not seek re-election as Treasurer and Robert Gale has taken over that role. Graham Small was also elected as a new Committee member.

Roger Deacon is a Life Member of the Association and has served on the SA committee for a number of years. His knowledge and expertise will be missed and I am sure all members join in thanking Roger for his input and work for the Association over a long period of time.

Ron has been Treasurer for several years and successfully oversaw the last National Championships at Brighton & Seacliff Yacht Club.

We welcome the new Committee members (Peter, Rob and Graham) and it is hoped they enjoy their term on the committee.

State Committee 2009/10

- President Greg Warner
11 Henry Street, Croydon SA 5008
Phone 83468765
e-mail locknload@internocde.on.net
- Vice President Peter Leader
7 Tolcairn Cres, Flagstaff Hill SA 5159
Phone 82981122 or 0408008407
e-mail pbleader7@activ8.net.au
- Secretary Bill Tucker
7 Glencoe Road, Reynella East SA 5161
Phone 83813358 or 0419120845
e-mail bill.tucker@bigpond.com
- Treasurer Rob Gale
243 O'Sullivan Beach Rd, Morphett Vale SA 5162
Phone 83823019
e-mail robert.suzanne@bigpond.com
- Publicity Officer Dean Francis
23 Shaftesbury Tce, Marino, SA 5049
Phone 8296 7282
e-mail deanfrancis@dodo.com.au
- YSA Delegate John Gratton
Unit 1, 23 Park Terrace, Gilberton SA 5081
Phone 83429398
e-mail john.gratton@walterbrooke.com.au
- Measurer Sean Hackett
27 Hawker Street, Brompton SA 5007
Phone 8346 7017
e-mail sean899@hotmail.com
- Committee Members
- Francis Watson
18 Nimboya Rd, Marino, SA 5049
Phone 82988323
e-mail watson.francis@saugov.sa.gov.au
- Graham Small
8 Esplanade, Marino, SA, 5048
Phone 83585585
e-mail jgs8onc@internode.on.net

Safe Sabre Sailing Suggestions

The Management Committee considers the safety of members to be of paramount importance and recommends that all skippers carry out the following checks for their own safety.

1. Is my personal floatation device in accordance with AYF Regulations and in sound condition? (Australian Standards AS1512, AS2260, or AS1499.)
2. If a rope has been fitted to bow and chain plates to assist in righting boat, check the condition of the rope?
3. Is the tow ring present, in sound condition and firmly attached to boat. **NOTE:-** It is NOT recommended to attach your forestay via the towing ring. Several skippers have recently had masts fall down when the towing ring failed due to the prolonged stress put on the towing ring over several seasons.
4. Do buoyancy inspection hatches and bungs operate correctly to form a watertight seal?
5. Is a restraint cord present and attached to tiller and rudder to prevent loss of rudder blade? Check condition of cord.
6. Is a restraint cord present and attached to boat and centreboard to prevent loss of centreboard? Check condition of cord.
7. Is a bailer attached to the boat?
8. Is the standing rigging in sound condition ?
9. Is the boat seaworthy?

Recommended Maximum Wind Strength

The South Australian Association recommends that, when the wind strength on the course area is constantly in excess of 25 knots prior to the start of a race, no race for the Sabre Class should be started. However, the decision to start a race will be at the sole discretion of the Race Officer, who should take into account the above recommendation and any other relevant factors when making a decision to start a race.

REMEMBER THAT SAILORS ARE RESPONSIBLE FOR THE CONDITION OF THEIR EQUIPMENT AND BOAT AND FOR THE DECISION TO SAIL OR NOT TO SAIL.

2009/10 Program

Sail & Foil Measuring

Largs Bay Sailing Club	7.30 pm	Friday 18 th September 2009
Brighton & Seacliff Yacht Club	7.30 pm	Friday 25 th September 2009

State Championship Heats

Saturday 31 October 2009	Port River Sailing Club Heat 1 and Heat 2	1300hrs Back to Back	
Saturday 5 December 2009	Brighton & Seacliff YC	1400hrs	Heat 3
Sunday 6 December 2009	Brighton & Seacliff Club	1000hrs 1400hrs	Heat 4 Heat 5
Saturday 6 February 2010	Brighton & Seacliff YC	1400hrs	Heat 6
Sunday 7 February 2010	Brighton & Seacliff YC	1000hrs 1400hrs	Resail Heat 7

Additional Resails if required Saturday 20 February 2010,
Saturday 27 February 2010
at Brighton & Seacliff Yacht Club at 1400hrs

Fleet Races

Victor Harbor Yacht Club on 30th January 2010 and next day at Normanville Sailing Club on 31st January 2010. Approximate start 1400hrs at both venues.

Port River Long Race

For those seeking something different the Port River Sailing Club is holding their annual Long Race on 27th February 2010 with a start at approximately 10.30am depending on weather conditions. Weather permitting the course leaves the club and goes out to the end of Largs Bay jetty and back, take plenty to eat and drink.

National Championships

Bellerive, Hobart, Tasmania 28th December 2009 to 3rd January 2010

Sailing Tips by Francis Watson.

Planning for a Race

Sometime last season I had a midweek phone conversation with John Gratton about the previous weekend's race. After getting an average result in the race, John admitted that he deserved no better a result because he had not taken the time to put together a race plan or strategy before the race. For me that hit home, and I remembered that simple saying: WE DON'T PLAN TO FAIL, WE FAIL TO PLAN.

John was certain that his poor performance on the day was the direct result of not having taken the time pre-race to think about the factors that may influence the race outcome.

A race plan really only needs to be a simple list of check points to consider before the race starts, and then a race strategy or plan of attack to endeavour to implement at the start and then during the race itself.

So what are some of the strategies to consider for, say:

- PRE-RACE
- THE START
- THE RACE

PRE-RACE

- Start to think about the race maybe 3 to 4 days before the event in regard to:
 - The race venue. If at a different Club or State check any peculiarities known to that venue.
 - The likely wind / waves / tide conditions expected for the race. Study developing weather patterns leading up to race day.
 - The level of importance of the race (ie – trophy / Club / State / National)
 - Who your nearest rivals are going to be (ie – who you need to be aware of in the overall point score situation)
- Weather forecast: Know exactly the BOM Metro Waters forecast for the day of the race (Check the 1130 hrs bulletin if possible).
- Check tide times for race day. The tide conditions could help to determine or alter your planned on – water race strategies. Remember often the published tide times don't take into account day light saving.
- On arrival at the race venue assess whether the wind / wave conditions prevailing are different from
 - a) What you expected and
 - b) BOM predictions.It's a good habit to get into, to have a chat with the locals when you first arrive. They may be able to tell you what's been happening earlier in the day before you arrived.
- With the expected wind / wav conditions in mind make adjustments to your rig ie – mast rake, rig tension and batten tension. Hoist the mainsail and take a close look at various

settings from different angles around the boat. Particularly view the sail from behind the boat using vang / downhaul / bridle adjustments to see how the leach profile changes.

- Aim to leave the beach in plenty of time to be able to sail several short beats to windward to:
 - Check sail settings
 - Get a good feel for the prevailing wind / wave patterns.
 - Check out wind shift patterns.
 - Assess which side of the course is likely to be favoured after the start.
- Your pre race strategy should include making sure you know exactly your current placing in the Championship overall point score, and also those of your nearest rivals, particularly towards the end of the regatta when the discard races are starting to become important. Your race plan should have a strategy of how you are going to deal with boats immediately above and below you in the point score. For example you may need to tightly cover a particular boat in order to finish ahead of it in the race, and ultimately the regatta.

That's enough for today, keep tuned for further installments.

Thanks John for your editorial skills for putting together this article.

STATE CHAMPIONSHIP ENTRY FEE INCREASE. :

The South Australia Sabre Sailing Association Inc Committee after considerable discussion has decided to increase the Entry Fee for the State Championships from \$10 to \$20. The previous fee of \$10 has been in place for quite a number of years and this decision was taken because the costs of running the State Championships have increased. As a result the Association has not covered the increasing cost associated with the State Championships. The Association has compared the fees with other State Associations and the \$20 fee compares more then favorably with some Interstate Associations charging from \$40 up to \$90 for a series. It is hoped that members appreciate the reasons behind this increase and continue to support the Association by entering the State Championships, improving their skills and renewing or making new friendships through sailing.

TRAINING DAY

The Association will be holding a training day at Brighton & Seacliff Yacht Club on 27th September commencing at 10 am. Several of the "experts" will be present to look at and make suggestions on tuning your boat. In the afternoon you will be able to sail in the Brighton & Seacliff Yacht Club tune up race starting at approximately 1400 hrs.

Sabre Sailing Association of SA Inc
Notice of Race 2009– 2010 State Championships

1 Race program

Port River Sailing Club

Saturday 31 October 2009 Heat 1 and 2 Back to Back

NOTE:- Start for Heat 1 at approx **1300 hrs**

Brighton & Seacliff Yacht Club

Saturday	5 December 2009	Heat 3	1400 hrs
Sunday	6 December 2009	Heat 4	1000 hrs
Sunday	6 December 2009	Heat 5	1400 hrs
Saturday	6 February 2010	Heat 6	1400 hrs
Sunday	7 February 2010	Resails if required	1000 hrs
Sunday	7 February 2010	Heat 7	1400 hrs

Resails if required Saturday 20th February 2010, Saturday 27th February 2010 at Brighton & Seacliff Yacht Club at 1400 hrs

2. Eligibility

All competitors must be financial members of the Sabre Sailing Association of SA Inc. Boats shall have a current grade A measurement certificate affixed. Sail, centreboard and rudder blade shall be measured and signed for the 2009/10 season prior to the date of the first heat. Competitors shall use only one (1) boat and only one (1) sail for the series.

3. Nomination

Nomination for the series shall be made by Monday 26th October 2009 by completing the Entry Form and forwarding it, together with the entry fee to the Treasurer, Rob Gale, 243 O'Sullivan Beach Rd, Morphett Vale SA 5162. The entry fee is set at \$20.00 for all categories. A late entry fee of \$10 will apply to entries received after 26/10/09 and before 30/10/09. **NOTE :- NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER 30/10/09.** Competitors will be required to lodge club race nomination slips prior to each heat and pay the relevant safety fee.

4. Rules & Sailing Instructions

All races will be sailed under the 2005/2009 Rules of the ISAF, the Prescriptions of the AYF and the rules of the Sabre Sailing Association of Australia except where varied by the Sailing Instructions and this Notice of Race. The Sailing Instructions shall be the YSA standard Sailing Instructions for Class Boat events and programmed Regattas. The event will be a category A event in accordance with appendix G G3.1

5. Scoring

The Series provides for 7 races. If 6 or more races are completed each boat will drop the worst result. A minimum of 5 races is required to constitute a series. Where only five races have been completed all 5 races shall count. Points will be allocated and ties resolved in accordance with the Low Point Scoring System (ISAF Appendix A2) with the following modifications;

A Yacht whose entry has been accepted and which;

- (a) Does not appear at the venue for a particular Heat will score points for the place equal to ten (10) more than the number of yachts entered in the series.
- (b) Appears at the venue but does not rank as a starter in a given heat will score points for the place equal to five (5) more than the number of yachts entered in the series.
- (c) Starts but does not finish shall score points equal to one (1) more than the number of yachts that ranked as starters.

Handicaps will be allocated by the Sabre Sailing Association of SA Inc. Handicaps will be adjusted on the results of each Heat.

A team event (not teams racing) will be conducted during the series with the Committee dividing the entrants into an appropriate number of teams subject to the number of entries received. Each team will consist of skippers with varying degrees of skill. Each team will score points by the accumulation of each member's finishing position in each race. (eg a team of four members might finish 2, 8, 10, 19 for a total of 39 points for the race). The team with the least number of points at the conclusion of the series will be the winning team. The worst result of each team will be discarded irrespective of the number of heats sailed.

6. General

The South Australian Association recommends that, when the wind strength on the course area is constantly in excess of 25 knots prior to the start of a race, no race for the Sabre Class should be started. However, the decision to start a race will be at the sole discretion of the Race Officer, who should take into account the above recommendation and any other relevant factors when making a decision to start a race. The Race Officer may consult with the Sabre Association Committee members prior to making any decision to race or not to race. Members may enter individual Races of the Series. Such races will not count as part of the Series. A safety fee will be payable to the club on that day.

7. Liability

Attention is drawn to the Fundamental Rule 4 which states:- "A boat is solely responsible for deciding whether to sail or not to start or continue racing."

8. Trophies

Trophies will be awarded to 1st 2nd and 3rd overall in the Open category, 1st 2nd and 3rd in the Handicap category and 1st 2nd and 3rd in the Ladies category and Junior category if more than 4 entries are received. If less than four Ladies or Junior entries are received a trophy for 1st place only will be awarded.

Trophies will be awarded to the 1st place in the other categories shown on the Entry Form. To be eligible the skipper must have ranked as a starter in at least five heats.

Each skipper will be eligible to win one (1) trophy only with the exception of the winning team in the team event. Skippers in the team event must have ranked as a starter in at least five heats to qualify for a trophy.

9. Time Limit for Back to Back Races

A time limit for back to back races when scheduled shall be one (1) hour and thirty (30) minutes. Any boat that starts, but fails to finish within this time limit will be scored as a Did Not Finish (DNF).

FUND RAISING FOR NATIONAL CHAMPIONSHIPS

As South Australia will be hosting the National Championships in 2010/11 it is essential that we have a good representation at this year's National Championships in Hobart to promote our Championship. Several members have already shown interest in going to Hobart.

Peter Leader, the newly elected Vice President, proposes to conduct a "100 Club draw" (pick your number on the envelope) prior to Christmas to raise funds to assist with costs for those members traveling to the National Championships. Obviously there will be 100 tickets and each ticket will cost \$5. The first prize will be \$100 and second prize \$50.

It is hoped that all Association members support Peter in this fund raiser. Peter will be collecting at each of the Sabre events prior to Christmas or until the 100 tickets are sold.

SABRE SAILING ASSOCIATION OF SOUTH AUSTRALIA Inc
2009 / 2010 STATE CHAMPIONSHIPS

ENTRY FORM

HELMSPERSON.....

BOAT NAME.....SAIL NUMBER.....

CLUB.....

SIGNATURE..... DATE.....

TROPHY CATEGORY (Age as at 1st May 2009)

Ladies ()

Junior under 18 ()

Senior 18 – 39 ()

Master 40 – 49 ()

Grand Master 50 – 59 ()

Veteran 60 – 69 ()

Grand Veteran 70 + ()

ENTRIES CLOSE 26/10/2009. Nomination Fee for all categories is \$20.00
A late entry fee of \$10 will apply after 26/10/09 and before 30/10/09.

NOTE:-NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER 30/10/09.

Please remember that you must lodge a Club nomination slip prior to each race and pay the relevant Safety Fee.

Cheques to be made payable to Sabre Sailing Assoc of SA Inc

PLEASE FORWARD ENTRIES AND REMITTANCE TO:

Rob Gale
243 O'Sullivan Beach Road,
Morphett Vale SA 5162

RECEIPT No.....

APPLICATION FOR MEMBERSHIP

Please forward your cheque, payable to Sabre Sailing Association of SA Inc and completed application form to:-
The Treasurer, Sabre Sailing Assoc of SA Inc,
 243 O'Sullivan Beach Rd, Morphett Vale, SA 5162

PERSONAL DATA

Please print

NAME:

ADDRESS:

SUBURB: POST CODE

TELEPHONE No: Home Work

DATE of BIRTH:...../...../.....E-MAIL:.....

SAILING CLUB:.....

SIGNED:

BOAT DETAILS

BOAT/SAIL No: BOAT NAME

CURRENT MEASUREMENT CERTIFICATE: YES / NO (CIRCLE APPROPRIATE ANSWER)

If you have recently purchased your Sabre, please supply name and address of previous owner:

NAME

ADDRESS

MEMBERSHIP DETAILS

JUNIOR:	Under 18	\$17	Age at 1st May
SENIOR:	18-39	\$25	Season
MASTER:	40-49	\$25	runs
GRAND MASTER:	50 – 59	\$25	from
VETERAN:	60 - 69	\$25	1st May to
GRAND VETERAN	70 +	\$25	30th April

FAMILY: \$30
 Boat Numbers (1)..... (2)..... (3).....

Names of family members and birth dates of children

Christian Name	Date of Birth	Christian Name	Date of Birth
.....
